

CAMPER GUIDELINES

1. The Dean's schedule will prevail.
2. Campers are not allowed on the lake or any other "off limits" area of the camp without proper adult supervision.
3. No one active in camp activities (camper or faculty) will be allowed to leave the grounds without permission from the Dean.
4. The use of tobacco, alcohol, vape products, marijuana, or any controlled substance is forbidden on the camp grounds. Visitors must adhere to this as well.
5. No pets, weapons, **electronic devices, internet enabled devices or cell phones** are allowed at camp.
6. Sickness or injury must be reported to the Camp First Aid Provider, regardless of how small it may be.
7. **NO SNACKS** of any kind are to be taken into the dorms or they will be confiscated.
8. Campers / faculty shall not ride on any camp equipment, vehicles, mowers, etc.
9. Shirts and shoes are to be worn at all times while on the camp grounds, except pool area.
10. No one shall leave the dorms at night except for emergencies.
11. Writing on or defacing camp buildings will not be allowed. Campers or parents will be held financially responsible for any vandalism.

Cell Phone POLICY

Campers are NOT allowed to have cell phones, iPads, tablets, Apple watch, or any other internet enabled device at camp. (No electronics are allowed). Please understand, it is not our intent to prevent parents from communicating with their children, but cell phones can be a distraction for the camper. With photo and internet capability of the phones, a no cell phone policy protects the privacy of every child here. If parents/guardians need to reach the campers quickly, please call the office at 217-529-2625. Every effort will be made by camp staff and faculty for this to happen. The office phone is forwarded to management cell phones at night for emergency purposes.



LSCA DRESS CODE



Dress Casual—
Jeans and T shirts
are great... even
at the evening
sessions.



No short skirts /
dresses or low cut
tops.



Shorts are great
too! Shorts must
have a 3 inch in-
seam, even when
rolled. This is for
girls and boys.



No bikinis. 2-
pieces are ok if
the torso is com-
pletely covered.



No spaghetti
strap shirts or
tummy showing
shirts.



No writing on the
buttocks of cloth-
ing.



Please no tight
shirts, sweaters,
pants or shorts.
That goes for girls
and boys.



Rear view—keep
your pants pulled
up. A belt is
helpful.

No undergarments should be visible at any time. Logos or writing on clothing should not be contrary to our Christian values. Any fashion (dress or accessory) that distracts from the spiritual atmosphere will not be permitted. Please note that we are not just trying to enforce a set of rules, but we are trying to encourage a spirit of self respect and modesty.

VISITORS *(Limited because of COVID19)*

In general, personal visits are **discouraged** during the week of camp unless there is an emergency. This is an effort to keep the campers and staff safe from additional exposure.

BAPTISMS

You will be notified if your camper expresses interest in baptism. If you agree for your camper to be baptized at camp, arrangements will be made with you where your whole family can participate.

MAIL

If you desire to send mail to your camper, please send it at least 2 days before the session ends to make sure it gets here on time. Please do not send mail to campers that are not spending the night. **LSCA WILL NOT FORWARD MAIL** to camper's homes or keep mail for past sessions. It will be up to the Deans discretion as to how mail will be distributed daily. **Please do not send food items, electronics or phones.**

Send your letter to: **CAMPER NAME & Session ID**, Lake Springfield Christian Assembly, 1674 Lick Creek Lane, Chatham, IL 62629.

PACKING LIST—2021 Overnight Camps

- | | |
|--|--|
| <input type="checkbox"/> Bible | <input type="checkbox"/> Pillow |
| <input type="checkbox"/> Pencil & Paper | <input type="checkbox"/> Clothes: Play |
| <input type="checkbox"/> Swimsuit | <input type="checkbox"/> Nicer Cloths (optional for Chapel time) |
| <input type="checkbox"/> Please wear tennis shoes | <input type="checkbox"/> Trash Bag for Laundry |
| <input type="checkbox"/> Insect Repellent (opt.) | <input type="checkbox"/> Flashlight |
| <input type="checkbox"/> Sun block—Preferably Spray (opt.) | <input type="checkbox"/> Flip Flops (for showers) |
| <input type="checkbox"/> Toothbrush/Toothpaste | <input type="checkbox"/> Re-usable water bottle |
| <input type="checkbox"/> Comb/Brush | <input type="checkbox"/> At least 1 mask per day of camp session (preferably disposable) |
| <input type="checkbox"/> Soap/Shampoo/Towels | <input type="checkbox"/> Anything else the Dean lists |
| <input type="checkbox"/> Twin size bedding or sleeping bag (Adventure campers will sleep in dorms this year) | |

CHECK IN DAY

For traditional residential camps: (Trailblazers, Explorers, Junior High, Niners and High School Camp). **Check in will be at 3pm on the first day. (9am for First Chance and Junior Camps)**

1. Assigned / Staggered check in times: (i.e. 3pm, 3:10, 3:15pm, etc.)
2. Assigned by bunk room / team – campers' parents/guardians will get this information ahead of time
3. **Parents / Guardians do not get out of cars**
4. We will send very detailed instructions prior to drop off. Also there will be staff/ red carpet crew (RCC) directing drivers
5. Temp checks / waivers collected around chapel entrance
6. Meds dropped near bell
7. Campers dropped off between dorms: faculty / staff / deans/ red carpet crew greeting families/ campers.
8. RCC / staff helping campers take stuff to rooms.
9. Parents drive back out
10. No parking in general drive area
11. HS Campers will be asked not to drive if possible as parking is limited
12. Once the faculty of a room has all of their campers (6-7 typically), they will take them to the pool for swim tests. *(Campers will be told that this will be the only time for the swim tests. They do not have to do it, but there will not be other opportunities).* **Swim tests will be more involved than previous years.** Swim test must be passed for access to deep end. To pass, campers will have to complete the following:
 - Jump feet first into water over the head in depth, level-off and tread water for 60 seconds.
 - Jump feet first into water, level-off and swim 2 widths of the pool in a strong manner using the following strokes. (Free-style or front crawl)
 - *Reasons for not passing are: 1. Underwater swimming 2. Dog paddling 3. Resting in the middle of the test 4. Treading water and not maintaining a forward motion (in part B). 5. Swimming too fast and appearing to be too tired at the end of the test*

PICK UP

For traditional residential camps: (First Chance, Trailblazers, Explorers, Juniors, Junior High, Niners and High School Camp). **Camp will end at 4pm on the final day. In an effort to control traffic, no parking will be allowed. Please do not arrive early, unless you have made arrangements ahead of time to pick up PRIOR to 3pm.**

1. **STAY IN THE CAR:** Follow the route indicated by staff and map
2. As you drive onto the grounds, you will be directed by staff to drive south towards the Bell.
3. Just before the Bell Circle, Your ID will be checked to make sure that you are on the approved camper pick up list.
4. If you must pick up meds, they will turn right at the bell. Then follow with the next step.
5. If you do not have meds, follow the drive towards the turn around between the dorms.
6. Continue to drive back to the north to the Zone already indicated to you: 1, 2. Or 3.
7. Pull up to the faculty / staff at that zone. (Zones will be indicated by signs).
8. Faculty / staff will ask for the name of the camper and double check the name on the authorized pick up list. Camper loads up and leaves.

COVID 19 Precautions

Before arrival to LSCA:

- Campers/parents will be asked to monitor their temperatures, social interactions, and general health in the two weeks leading up to camp session.
- All campers will sign a waiver regarding presence of COVID symptoms or exposure in the two weeks leading up to camp session.

Upon arrival to LSCA:

- Parents/Guardians will stay in vehicle throughout drop-off procedure.
- Temperatures will be taken of each camper at check-in by an LSCA staff member wearing gloves.
- Masks will be required by all campers, staff members, and volunteers.

Camper to Camper Interactions:

- Campers will be placed in family groups / teams based on their room assignments. Two family groups / teams will be able to participate in activities together throughout the camp session. This will be no greater than 28 other campers, abiding by the DCEO guidelines.
- At certain times when groups of 28 are gathered in one outdoor space they will be at least 30 feet apart.

- When social distancing of 6 feet cannot be maintained masks will be required.
- Masks will not be required when: eating, sleeping, participating in water activities. We will be intentional about providing activities and natural spacing to allow for less mask wearing.

General Camp COVID Precautions:

- Cleaning / sanitizing of commonly touched / utilized surfaces will be done often.
- Hand sanitizer will always be available.

In the Dorms:

- Each room will have a limited number of campers with beds appropriately spaced apart.
- Campers will only share bathrooms with other campers in their designated groups.
- When walking in the hallways wearing masks will be required.
- Bathrooms will be cleaned and disinfected twice a day.

Mealtimes:

- Designated camper groups of 28 will take turns eating meals inside / outside.
- All food / drink items from the canteen will be prepared and prepackaged based off DCEO food preparation guidelines.
- Hand sanitizer will always be available.